

move personal training



Under 18 Personal Training Fees

Please complete this form for each individual doing personal training.

Client: _____ Member: Y N Member/Guest #: _____

Partner (if applicable): _____ Member: Y N Member/Guest #: _____

Trainer: _____

ONE HOUR TRAINING

Number of Participants	Number of Sessions	Total Package Price per person	Monthly Payment Plan per person	Number of Payments per person	Price per Session per person
1	5	\$187.50	\$93.75	2	\$37.50
1	10	\$350.00	\$175.00	2	\$35.00
1	20	\$650.00	\$216.67	3	\$32.50
2	5	\$120.00	n/a	n/a	\$24.00
2	10	\$227.50	\$113.75	2	\$22.75
2	20	\$430.00	\$215.00	2	\$21.50

FORTY-FIVE MINUTE TRAINING

Number of Participants	Number of Sessions	Total Package Price per person	Monthly Payment Plan per person	Number of Payments per person	Price per Session per person
1	5	\$152.00	\$76.00	2	\$30.40
1	10	\$285.00	\$142.50	2	\$28.50
1	20	\$528.00	\$264.00	2	\$26.40
2	5	\$102.50	n/a	n/a	\$20.50
2	10	\$195.00	\$97.50	2	\$19.50
2	20	\$368.00	\$184.00	2	\$18.40

HALF HOUR TRAINING

Number of Participants	Number of Sessions	Total Package Price per person	Monthly Payment Plan per person	Number of Payments per person	Price per Session per person
1	5	\$106.25	n/a	n/a	\$21.25
1	10	\$200.00	\$100.00	2	\$20.00
1	20	\$375.00	\$187.50	2	\$18.75
2	5	\$77.50	n/a	n/a	\$15.50
2	10	\$147.50	\$73.75	2	\$14.75
2	20	\$280.00	\$140.00	2	\$14.00

***NON-MEMBER GUEST FEES (in addition to package price): 5 Pack - \$15.00 10 Pack - \$30.00 20 Pack - \$60.00**
First time Non-Members will be required to have a Fitness Assessment: \$40

PERSONAL TRAINING POLICY:

- Personal training fees are non-refundable and non-transferable. Purchased sessions will have a 12 month expiration date.
- The Center for Health Improvement requires that clients give a minimum of 12 hours notice for appointment cancellations. Clients will forfeit missed appointments.
- Partner Training: All clients training with a partner are required to attend scheduled appointments. Clients will forfeit missed appointments. If one client attends then individual session fee will apply.



2500 Canterbury Dr.
 Hays, KS 67601
 785.623.5900
www.haysmed.com/the-center/
 certified medical fitness association