

## **Community Health Needs Assessment**

# **Recommendations & Implementation Plan**

## **FY 2018**

The CHNA conducted in 2018 in collaboration with the Ellis County health Department identified significant health needs within Ellis County and the Hays Medical Center community. A town hall meeting was organized to provide an objective consensus building method of reviewing and prioritizing county health issues. During the Town hall meeting, the group reflected on the size and seriousness of any health concerns cited and discussed current community health strengths. The group identified and ranked top community health concerns, and all Town Hall attendees and community members were encouraged to continue to contribute ideas by going online and taking a feedback survey that addresses any additional thoughts related to the CHNA. All Town Hall priority-setting and scoring processes involved the input of a diverse group with knowledge and/or expertise in public health as well as persons who represent the board interest of the community served by the Hospital. Key stakeholders in attendance included representatives from: Ellis County Public Health, First care clinic, Fort Hays State University, North Center Kansas Vo-Tech, USD 489, Thomas More Prep, Ellis County EMS, Medical and Dental Providers, Early Childhood Connections, Area Agency on Aging and City and County Commissioners. The CHNA was coordinated and produced by VVV Research and Development, Inc., from Olathe, Kansas. HaysMed is dedicated to continually learning, engaging and fulfilling the health needs of the community we serve. Annual description of the actions taken by Hays Medical Center during the fiscal year to address the significant health needs identified through the most recently conducted CHNA and approved by the Hays Medical Center Board of Trustees regular meeting on June 25, 2018.

## CHNA Implementation Plan Tactics - Ellis Co KS / HaysMed PSA

### Wave #3 CHNA Health Needs Tactics - Year 1 of 3 (Starting 7/1/2018 - 6/30/21)

	CHNA Health Areas of Need	T	"Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not" Address Need	Identified "Lead"	Identified Partners	Timeframe	Resources (Hours)	\$\$\$
1	Mental Health (Diagnosis, Placement, Aftercare)	a	Continue to educate ER staff regarding mental health delivery issues and how to address them. Provide continuing education courses, lunch and learn presentations, etc. to keep them current in terms of treating mental health issues.	High Plains Mental Health Center	First Care Clinic, HaysMed, Private Providers, School District, FHSU, Quest			\$10,000 Total
	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Provide and grow mental health care delivery at Hays Medical Center clinics.					
		c	Document BH provider needs assessment. Maintain existing psychiatric providers and determine if additional providers should be recruited.					
		d	Provide mental health service "first aid" training for law enforcement, schools, and other first responders in the community.					
		e	Promote existing mental health services, facilities and providers. Educate community on placement process and options.					
		f	Continue to investigate grant writing to fund mental health. Use grant funding to support mental health care and mental health prevention.					
		g	Stay abreast with mental health signs, symptoms, and treatments. Educate all necessary parties on these findings.					
		h	Collaborate with community elementary, middle, and high schools to educate students on mental health to begin designating mental health conditions.					
		i	Increase depression screenings by primary care physicians. Add trauma assessment for pediatrics and other mental health issues.					
2	Obesity (Healthy Foods / Exercise)	a	Develop and launch an Ellis County Health and Wellness Coalition. Establish ongoing working coalition to lead health education and fitness activities for community.	HaysMed (CHI)	HaysMed, Hays Rec, FHSU Wellness Center, Health Dept., Extension School District, All Health Providers, Other Gyms			\$8,000 Total
		b	Sponsor a community-wide "fitness challenge" initiative focusing on fitness, nutrition, and physical activity for community members of all ages.					
		c	Educate local businesses and industries on the benefits of offering wellness programs for their employees and encourage education through work-site health fairs.					

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	d	Continue to increase access to healthy foods in schools for youth and nursing homes for seniors. Provide healthier school vending options.					
	e	Create community educational series focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals/portions options, health fairs, classes, speakers etc. Collaborate with HaysMed/ schools to cook "healthy meals".					
	f	Promote the local farmers market. (Comes to HaysMed once a week) Use social media, radio, and newspaper to expand and grow vendors.					
	g	Evaluate and determine effective media modes to promote healthy eating/exercise (i.e. print, radio, social clubs, digital, partners entities).					
	h	Expand Meals on Wheels program to support health lifestyles for those who are elderly, disabled, or confined to their homes.					
	i	Start "Awareness Program" to educate elementary/middle school children and their families about obesity.					
<b>3 Substance Abuse (Meth, Marijuana, Opioids, etc.)</b>	<b>a</b>	Monitor prescription drug abuse. Utilize HaysMed's Opioid Management Plan and support area physicians in discouraging prescription drug abuse. Create alert system between physicians and pharmacies for drug abuse.	<b>Smoky Hill Foundation for Chemical Dependency</b>	<b>HPMHC, Dream, Heartland RADAC, Law Enforcement, Central KS Foundation, FHSU, AIC, Public Health, HaysMed, First Care Clinic</b>			<b>\$6,000 Total</b>
<b>This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.</b>	<b>b</b>	Sponsor community youth activities. Continue to explore prevalent issues and drug abuse by adolescents.					
	<b>c</b>	Continue to provide tobacco, drug, and alcohol education to schools (i.e. DARE, etc.) and increase school-based programs. Apply for grants. Utilize KCC Survey.					
	<b>d</b>	Communicate recovery support system partners. Create programs to help addicts and their families.					
	<b>e</b>	Continue to educate providers on available drug abuse resources. Develop educational handouts for medical providers to distribute when prescribing schedule II drugs.					

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4	Primary Care Services	a	Continue to collaborate PC delivery with all primary care clinics (FQHC). Share best practice delivery to increase primary care access.	HaysMed	First Care Clinic, Area Agency on Aging, Public Health, AARP			\$5,000 Total
		b	Continue to develop regional collaboration with KCIC.					
		c	Continue and expand orientation program (beyond 90 days) for prospective new providers. Strengthen efforts to improve retention.					
		d	Grow relationship with KU Medical Center and other nearby medical schools. Utilize med student rotations.					
		e	Promote convenient care services within the community. Educate community on when to go to clinic verse convenient care.					
		f	Continue to recruit Family Practice and Internal Medicine providers to the area.					
5	Senior Health	a	Increase access to in-home, nursing home, and assisted living care through community outreach programs.	Area Agency on Aging	AARP, Home Health, Nursing Home/Assisted Living			\$6,000 Total
		b	Conduct feasibility study to document need of SR services and staffing/development.					
		c	Begin an Ellis County Healthy Seniors Club. Establish programs, housing and services to allow older adults to "age in place".					
6	Access to Specialists	a	Continue to update and expand Physician Manpower Assessment to determine the number of providers needed (full time equivalent) to serve covered population.	HaysMed	KU School of Med, Providers, Public Health			\$300k Total
		b	Expand orientation program for new visiting specialists. Create a fast start experience.					
		c	Expansion of telehealth specialty services in collaboration with The University of Kansas Health System.					
		d	Establish med students placement relations.					
7	Suicide	a	Maintain a 24-hour crisis hotline (Statewide Number: 800-273-8255).	High Plains Mental Health Center	School Districts, Public Health, HaysMed, Kelly Center, Law Enforcement, FHSU			\$4,000 Total
		b	Utilize/partner with established Kansas Suicide Prevention Coalition.					
	This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.							

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	c	Continue suicide prevention training at schools.					
	d	Develop and sponsor an anti-suicide campaign for local community members.					
	e	Implement community adult depression screening.					
<b>8 Child Care Access</b>	a	Recruit childcare firms to begin service in Ellis County.	City of Hays, Ellis County	DCF, School Districts, St Francis Community, Law Enforcement, Foster Care			<b>\$7,500 Total</b>
This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Provide training opportunities (work shop) for local firms to provide child care services.					
	c	Encourage local businesses to offer on-site child care services.					
	d	Educate young families on childcare community options/resources.					
<b>9 Dental Access (Medicaid/ Uninsured)</b>	a	Request all area dentists to see Medicaid patients (1) day a month - community service.	First Care Clinic	Health Department, School Districts, HaysMed			<b>\$1,000 Total</b>
This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.	b	Continue collaboration with local schools to provide education on dental care.					
	c	Conduct neighborhood dental fair - focus on uninsured/Medicaid.					