

Local Anesthesia

Generally safe and does not cause side effects, aside from **tingling/numbness** as the medication wears off. Other potential side effects:

- **ringing in the ears**
- **dizziness**
- **twitching**
- **metallic taste in the mouth**
- **headache**

Monitored Anesthesia Care (MAC)

Side effects are usually minimal and may include:

- **drowsiness**
- **trouble waking from sedation**
- **nausea**
- **cardiorespiratory depression**
- **vomiting**

Regional Anesthesia

Similar to the side effects of local anesthesia, as listed above, except in a broader area of the body. More specific side effects pertaining to each block include:

- **Femoral/Ankle block** – **difficulty moving your leg**
- **Spinal:** **bleeding, infection, severe headache, nerve damage**
- **Interscalene/Shoulder block** – **shallow and very slow breathing, facial numbness or drooping**
- **Transabdominal Plexus Block (TAP):** **bruising at the injection site, infection**

General Anesthesia

Side effects of general anesthesia include:

- **temporary confusion and/or memory loss**
- **muscle aches**
- **dizziness/headache**
- **dry mouth**
- **difficulty passing urine**
- **shivering/feeling cold**
- **nausea and vomiting**
- **sore throat due to breathing tube**
- **itching, which is a common side effect of narcotics**

In rare, but severe cases:

- **Malignant hyperthermia (MH): an inherited condition causing quick onset of fever and muscle contractions. If you or a family member has ever suffered from MH, notify your anesthesiologist in your preoperative assessment.**