

### Prior to Arrival

Prior to your arrival to the hospital the morning of surgery, you will need:

- To have an empty stomach, meaning nothing to eat or drink after midnight. This includes gum, hard candy, chewing tobacco.
- Please brush your teeth and shower before arriving the morning of surgery.
- An individual from HaysMed will have contacted you earlier in the week to instruct you on what medications to take prior to your arrival. These may be taken with a sip of water.
- Be sure to bring a driver over the age of 18 with you to bring you home after surgery

### Upon Arrival

- Please park in PARKING LOT B and come into the hospital through the MILLER MEDICAL PAVILION entrance through the revolving door under the canopy.
- You will then check-in through admissions and you will be given directions to the surgical waiting room. After they weigh you and obtain some information, you will then be escorted to Ambulatory Surgery.
- Please arrive approximately 1.5 hours before your surgery start time so that you can be prepped for surgery and the physicians can see you prior to surgery.
- On occasion emergent procedures arise or the procedure ahead of you may take longer than expected and a delay can occur.

### Children's Procedures

If your child is having a surgical procedure:

- A parent or legal guardian will need to always stay in the hospital with your child.
- Upon entering the Ambulatory Surgery Unit and the pre-op room, your child will be asked to put on a hospital gown.
- A nurse will then come make an introduction and obtain vital signs on your child.
- Your child may require an IV for anesthesia. If your child is over 10 years of age, then the IV will be started in their pre-op room. If your child is under the age of 10, the IV will be started in the OR. When starting the IV, the nurse will use a numbing medication at the site.

### Questions

855-429-7633 Hays Med ONE CALL

### References

- NPO Status for Elective Surgical Patients, HaysMed policy, 11/27/2019
- Security of the Under-Age Patient in the Perioperative Department, HaysMed policy, 6/23/2019

Visit our website  
using this QR code to  
access videos about  
your procedure.



**Discrimination is Against the Law**

Hays Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Hays Medical Center does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Hays Medical Center provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Hays Medical Center provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact the Director of Clinical Care Coordination at 785.623.5297, or the Operator at 785.623.5000.

If you believe that Hays Medical Center has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Chief Legal Officer  
 Hays Medical Center  
 2220 Canterbury Drive  
 Hays, Kansas 67601  
 Telephone Number: 785.650.2759  
 TTY/TDD or State Relay Number: 800.766.3777 (V/T); or Dial 711  
 Fax: 785.623.5524  
 Email: joannah.applequist@haysmed.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Joannah Applequist, Chief Legal Officer, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
 200 Independence Avenue, SW  
 Room 509F, HHH Building  
 Washington, D.C. 20201  
 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak a language other than English, language assistance services are available to you free of charge. Call 1-855-429-7633 (TTY: 1-800-766-3777).

**SPANISH**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-429-7633 (TTY: 1-800-766-3777).

**VIETNAMESE**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-429-7633 (TTY: 1-800-766-3777).

**CHINESE**

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-855-429-7633 (TTY: 1-800-766-3777)。

**GERMAN**

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-429-7633 (TTY: 1-800-766-3777).

**KOREAN**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-429-7633 (TTY: 1-800-766-3777) 번으로 전화해 주십시오.

**LAOTIAN**

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ຄຳນຳພາໃຫ້ທ່ານ. ໂທສ 1-855-429-7633 (TTY: 1-800-766-3777).

**ARABIC**

ملاحظة: بالمجان لك تتوافر اللغوية المساعدة خدمات فإن، اللغة اذكر تتحدث كنت إذا: ملحوظة 1-855-429-7633 (TTY: 1-800-766-3777) برقم اتصل.

**TAGALOG**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-429-7633 (TTY: 1-800-766-3777)

**BURMESE**

သတိပြုရန် - အကယ်၍ သင်သည် မြန်မာစကား ကို ပြောပါက၊ ဘာသာစကား အကူအညီ၊ အခမဲ့၊ သင့်အတွက် စိတ်ဆောင်ရွက်ပေးပါမည်။  
 ဖုန်းနံပါတ် 1-855-429-7633 (TTY: 1-800-766-3777) သို့ ခေါ်ဆိုပါ။

**FRENCH**

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-429-7633 (TTY: 1-800-766-3777).

**JAPANESE**

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます1-855-429-7633 (TTY: 1-800-766-3777)まで、お電話にてご連絡ください。

**RUSSIAN**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-429-7633 (телетайп: 1-800-766-3777).

**HMONG**

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-855-429-7633 (TTY: 1-800-766-3777).

**PERSIAN (FARSI)**

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. یا ( TTY: 1-800-766-3777 ) 1-855-429-7633 تماس بگیرید.

**SWAHILI**

KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza kupata, huduma za lugha, bila malipo. Piga simu 1-855-429-7633 (TTY: 1-800-766-3777).

