



# Lifeguard Training Courses

Lifeguard Training and Lifeguard recertification



## Lifeguard certification:

May 3 – 4 or May 17 – 18  
Friday 4-8 p.m., Saturday 8 a.m.-6 p.m.

Upon completion of course participant will have certifications in Lifeguarding, First Aid and CPR for the Professional Rescuer/AED. Participants must be 15 years of age and complete prerequisites to meet eligibility requirements.

**Prerequisites include:** 300-yard swim, 2-minute treading water, timed swim with 10-pound weight.

## Course fees:

\$185 (includes 2-year certification, free digital materials)

- Minimum participants needed for course - 5
- Maximum participants allowed - 10

## Deadline for registration:

- April 26 for May 3 - 4
- May 10 for May 17 - 18

## Lifeguard recertification:

May 24 | Friday 8 a.m.-5 p.m.

Upon completion of course participant will be re-certified in Lifeguarding, First Aid and CPR for the Professional Rescuer/AED. Participants must be 15 years of age and currently be certified as a Red Cross Lifeguard.

## Course fees:

\$105 (includes 2-year certification, free digital materials)

- Minimum participants needed for course – 5
- Maximum participants allowed – 10

**Deadline for registration is May 22, 2024**

**Payment for both certificates is due at time of enrollment. Receipt available upon request.**

## For more information

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