Kads Quest





Each tree equals 1 mile, cross off each mile (tree) you earn. Cross off all 60 trees and bring completed map to The Center. T-shirt and coupon pick up will be offered Wednesday, August 7 from 11:30 a.m.-1 p.m. and 4:30-6:30 p.m. at The Center gazebo (located east of The Center). Prizes picked up after August 7 will be available at The Center for Health Improvement front desk. All prizes must be picked up by Sunday, August 11. Hours of operation are Monday thru Thursday 5 a.m.-10 p.m., Friday 5 a.m.-8 p.m., Saturday 6 a.m.-6 p.m., Sunday 10 a.m.-5 p.m.

Rocky Mountain National Park Grand Canyon National Park Yosemite National Park Olympic National Park Glacier National Park Yellowstone National Park Cuyahoga Valley National Park Acadia National Park Great Smoky Mountain National Park Hot Springs National Park

For more information 785-623-5900

wellnesscenter@haysmed.com

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HAYSMED FOUNDATION

certified medical fitness facility

785-623-5900