# **HAYSMED**

# Women's Health Symposium 2024

## 9:00 a.m.–3:00 p.m., Friday, August 23, 2024 HaysMed, Hadley Rooms, 2220 Canterbury Drive, Hays, KS 67601

Joint providership with HaysMed and The University of Kansas Medical Center Continuing Education and Professional Development and Area Health Education Center -West.

#### **Program overview**

This program is designed to improve women's health including, but not limited to, birth equity, trauma informed care, birthing positions, benefits to vaginal birth and resources for fetal demise.

#### **Objectives**

- Define birth equity.
- Describe the impact of birth equity on western Kansas mothers.
- Explore how nursing staff can identify the difference between equity and equality and how that impacts patient care.
- Identify improvements in patient care when using a trauma-informed care approach.
- Recognize signs and symptoms of trauma exposure on physical and mental health.
- Discuss signs and symptoms of trauma exposure for the pregnant patient.
- Explore the impact of birth related trauma on patient care and health outcomes.
- Review trauma informed care practices that nurses can incorporate in caring for patients during prenatal and labor and delivery care.
- Identify benefits to movement in childbirth.
- Examine care practices that support childbirth.
- Explore birthing positions to help facilitate vaginal delivery.
- Examine the steps for pregnant women to take to improve all stage of pregnancy.
- Explore the benefits to vaginal birth.
- Review history of vaginal birth practices.
- Discuss importance of patient and provider communication in preparation for childbirth.
- Explore the pros and cons of labor induction.
- Explore complications of vaginal birth.
- Examine vaginal birth verse cesarean section.
- Identify gestationally appropriate care for the family experiencing fetal demise.
- Review resource options for families with a fetal demise.

**For more information** 785-623-5500 haysmed.eeds.com





#### Agenda 8:30-8:55 a.m.

Registration and light breakfast

#### 8:55-9:00 a.m.

Welcome and Introductions

#### 9:00-10:00 a.m.

Birth Equity

#### Sharla Smith, PhD, MPH

Director of Birth Equity University of Kansas Medical Center Kansas City, KS

#### 10:00-11:00 a.m.

Trauma Informed Care for Birthing

# Jaylee Black, LSCSW, LCSW, LMAC, CCTP, OSW-C, TTS

Clinical Social Worker HaysMed Hays, KS

#### 11:00 -11:10 a.m.

Break

#### 11:10-12:10 p.m

Birthing Positions

#### Cara Busenhart, PhD, APRN, CNM, FACNM

Program Director, Nurse-Midwifery Education University of Kansas School of Nursing Kansas City, KS

#### 12:10-12:45 p.m.

Lunch provided

#### 12:45-1:30 p.m.

Steps to Improve All Stages of Pregnancy **TBA** 

#### 1:30-1:40 p.m.

Break

#### 1:40-2:25 p.m.

Benefits of Vaginal Birth **TBA** 

#### 2:25-2:55 p.m.

Resources for Fetal Demise

#### Morgan Tracy, BSN, RN

Perinatal Nurse Navigator Wesley Healthcare

Wichita, KS

#### Jolinda Kelley, RN

Wesley Healthcare Wichita, KS

#### 2:55-3:15 p.m.

Final comments

#### **Target Audience**

Physicians, physician assistants, advanced practice nurses, nurses, social workers, physical therapists, occupational therapists and other interested healthcare professionals.

#### **Continuing education credits**

All participants are required to sign in at registration and verify attendance online through 'eeds' along with completing an evaluation online.



In support of improving patient care, this activity has been planned and implemented by University of Kansas Medical Center and Hays Medical Center. University of Kansas

Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **CME**

#### **Physicians:**

The University of Kansas Medical Center designates this live activity for a maximum of 5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **CNE**

**Nursing:** Hays Medical Center is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. The course offering is approved for 5.0 contact hour applicable for RN or LPN re-licensure. Kansas State Board of Nursing Approved Provide Number: LT0021-1138.

#### **Respiratory Therapy**

The Hays Medical Center Respiratory Care Continuing Education Evaluator on behalf of the Kansas State Board of Healing Arts has approved this program 5.0 CRCE Hours. Providership No. 004

#### PT/OT

Paperwork will be provided to submit to KOTA and KPTA for credits.

#### **ASRT**

An application has been submitted to ASRT. Approval is pending.

## **Planning committee**

Debbie McLaren, Melissa Wasinger, Nikki Cooper, Jana Zeller, MSN, RN, Jessica Seib, MSN, RN, IBCLC, RNC-OB, Kalin Labarge, BSN, RN,C-OB, Kristy Schaefli, MSN, RN, Laura Drees, MSN, BSN, RN, Jenna Sloan, MD

#### **Fees**

Non-HaysMed providers on-site \$60 Critical Access Hospitals on-site \$30 (must be align with HaysMed) HaysMed/Pawnee Valley Associates \$0

### Register

You can register on line at haysmed.eeds.com or register by calling 785-623-5500. You may pay online with a valid credit card or you may choose to be invoiced.

#### **Cancellation policy**

Refund of CE fees: Workshop fees will be refunded if notification of cancellation is made 24-hours prior to the workshop.

#### **Nondiscrimination statement**

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gende identity, gender expression and genetic information in the University's programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Director of the Office of Institutional Opportunity and Access, IOA@ku.edu, 1246 W. Campus Road, Room 153A, Lawrence, KS, 66045,(785)864-6414, 711 TT