



Nutrition Coaching Prices



Member Nutrition Coaching Prices:

30-minute individual session - \$45
60-minute individual session - \$65
Additional 15-minute - \$15

3 Pack - 45-minute sessions - \$150
6 Pack - 45-minute sessions - \$225

Member Orientation Package:

(1) 60-minute (2) 45-minute sessions - \$160

Family Nutrition Coaching (2-hour session) - \$150
Couple Nutrition Coaching (1.5-hour session) - \$110

Non-Member Nutrition Coaching Prices:

30-minute individual session - \$45
60-minute individual session - \$65
Additional 15-minute - \$15

3 Pack - 45-minute sessions - \$165
6 Pack - 45-minute sessions - \$315

Non-Member Orientation Package:

(1) 60-minute (2) 45-minute sessions - \$175

Contact:

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