

# Aquatics Class Schedule

March 30 – May 31, 2026

Register at [ourclublogin.com/510682](http://ourclublogin.com/510682) or call 785-623-5900



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>8:30-9:15 AM</b> AQUAFLOAT BEGINNING Christine <i>Sign up Required</i></p>	<p><b>9:00-9:50 AM</b> Ai Chi Jessica  <i>Therapy Pool NOT available during Ai Chi</i></p>	<p><b>10:00-10:50 AM</b> Water Aerobics Kelly</p>	<p><b>9:00-9:50 AM</b> Ai Chi Jessica  <i>Therapy Pool NOT available during Ai Chi</i></p>	<p><b>10:00-10:50 AM</b> Water Aerobics Kelly</p>	<p><b>9:30-10:30 AM</b> Water Aerobics Instructor varies</p>
<p><b>9:20-9:50 AM</b> Aqua Yoga Rhonda</p>	<p><b>10:00-10:50 AM</b> Water Aerobics Sabrina</p>	<p><b>1:30-2:00 PM</b> Arthritis Fitness Heather</p>	<p><b>10:00-10:50 AM</b> Water Aerobics Christine</p>	<p><b>1:30-2:00 PM</b> Arthritis Fitness Kelly</p>	
<p><b>10:00-10:50 AM</b> Water Aerobics Christine</p>	<p><b>1:30-2:00 PM</b> Arthritis Fitness Sam</p>	<p><b>5:30-6:20 PM</b> Water Aerobics Shannon</p>	<p><b>1:30-2:00 PM</b> Arthritis Fitness Aubrey</p>		
<p><b>1:30-2:00 PM</b> Arthritis Fitness Kelly</p>	<p><b>6:00-6:50 PM</b> Water Fusion Kelly</p>				
<p><b>5:30-6:20 PM</b> Water Aerobics Sam</p>					

Class Location Key
Therapy Pool
Lap Pool
AquaFloat

**Pre-Post Natal classes available.**  
Call the front desk at 785-623-5900 to schedule.

**CHI Members are FREE**  
**Non-Member Fee:** Drop-in classes are \$5 per person per class or \$45 for a 10-day punch card for all classes.

**Updates:** Schedule is subject to change. Please visit our mobile app or [haysmed.com/the-center](http://haysmed.com/the-center).  
*Schedule updated 3/30/26*

**Reminder:** Must register for AquaFloat Beginning classes (*these classes are limited to 5 participants per class*).