

Aquatics Class Schedule

May 18 – August 14, 2026

Register at ourclublogin.com/510682 or call 785-623-5900



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30-9:15 AM AQUAFLOAT BEGINNING Christine <i>Sign up Required</i></p>	<p>9:00-9:50 AM Ai Chi No Instructor</p> <p><i>Therapy Pool NOT available during Ai Chi</i></p>	<p>10:00-10:50 AM Water Aerobics Kelly</p>	<p>9:00-9:50 AM Ai Chi No Instructor</p> <p><i>Therapy Pool NOT available during Ai Chi</i></p>	<p>10:00-10:50 AM Water Aerobics Kelly</p>	<p>9:30-10:30 AM Water Aerobics Instructor varies</p>
<p>9:20-9:50 AM Aqua Yoga Rhonda</p>	<p>10:00-10:50 AM Water Aerobics Sabrina</p>	<p>1:30-2:00 PM Arthritis Fitness Heather</p>	<p>10:00-10:50 AM Water Aerobics Christine</p>	<p>1:30-2:00 PM Arthritis Fitness Kelly</p>	
<p>10:00-10:50 AM Water Aerobics Christine</p>	<p>1:30-2:00 PM Arthritis Fitness Sam</p>	<p>NEW 5:30-6:20 PM Water Aerobics Meleah</p>	<p>1:30-2:00 PM Arthritis Fitness Aubrey</p>		
<p>1:30-2:00 PM Arthritis Fitness Kelly</p>	<p>6:00-6:50 PM Water Fusion Kelly</p>		<p>NEW 5:00-6:00 PM Water Fusion Kallyn <i>*Begins June 4</i></p>		
<p>5:30-6:20 PM Water Aerobics Sam</p>					

Class Location Key

Therapy Pool
Lap Pool
AquaFloat

Pre-Post Natal classes available.
Call the front desk at 785-623-5900 to schedule.

CHI Members are FREE
Non-Member Fee: Drop-in classes are \$5 per person per class or \$45 for a 10-day punch card for all classes.

Updates: Schedule is subject to change. Please visit our mobile app or haysmed.com/the-center.
Schedule updated 5/18/26

Reminder: Must register for AquaFloat Beginning classes (*these classes are limited to 5 participants per class*).