

Holiday Massage Special

November 12 - December 31, 2026

THE CENTER
for Health Improvement
HAYSMED

Treat yourself to a 75-minute massage for $95

Includes:

- Hot mineral compresses
- Foot scrub - choice of sugar cookie or peppermint
- Hands and feet paraffin dip
- Peppermint stick, pumpkin spice or cranberry bliss body butter

Please provide 24 hours notice for any appointment cancellation or you will be charged the full service fee.

For more information or to schedule
785-623-5900
Limited day and evening appointments available.