

# Premium Deal Days

THE CENTER
for Health Improvement
HAYSMED

## November 16-19, 2026

**Gift Card Promotion**
When you purchase a $20.00 gift card, you will receive a coupon valid for your choice of a FREE fruit smoothie or bowl of soup.

Gift cards make excellent stocking stuffers and can be used for any of our services, including:
personal training, massages, memberships, guest passes, or smoothies/salad bar/drink and snack items.

**Personal Training**
Purchase a Personal Training package and receive a 20% discount off a package of 5, 10, or 20 sessions.

**8-Week Program**
Purchase an 8-Week Program and receive $10.00 off.

**Guest Passes**
Purchase a 10-day guest pass package for $50.00.

*(6-month Expiration Date)*

**Class Passes**
Purchase a 10-day class pass package for $35.00.

*(3-month Expiration Date)*

**Salad Bar**
Take a trip through the salad bar and receive a 10% discount.

**Pro-Shop**
25% Off all Pro-Shop purchases.

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certified medical fitness facility

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